

Married *in* Medicine

FOUR ATLANTA COUPLES SHARE THEIR HEALTHY HABITS AND FAVORITE FAMILY RITUALS.

BY LAURA SCHOLZ

LAURA M. BEATY, MD AND MARK M. BEATY, MD

Laura and Mark Beaty first met at the University of Kentucky College of Medicine, where she was president of her class, and he was president of the Medical Student Government Association. Now married for nearly 30 years, the duo works together at Beaty Facial Plastic Surgery (beatymd.com), a plastic surgery and wellness practice in Midtown and Alpharetta. A family medicine physician who joined Beaty Facial full-time in 2018, Laura offers preventative and wellness visits and nonsurgical facial treatments. Mark specializes in facial, nose and neck cosmetic surgery and individualized rejuvenation surgery, such as facelifts. Their Midtown office will get its own face-lift this fall. How do they do it all? 'Mutual respect and understanding when work stress rocks the balance of home life,' says Laura. Here's how they spend their time together, in Atlanta and away.



Laura Beaty, MD and Mark Beaty, MD of Beaty Facial Plastic Surgery

Clockwise from top left: Elta MD's UV Luminous broad spectrum 41, Elta MD's foaming facial cleanser, Garmin Vivoactive 4



NEIGHBORHOOD
Midtown

RESTAURANTS
The Consulate, Ecco
Midtown

MEDICAL PHILANTHROPIES
American Cancer Society
and Doctors Without
Borders

PET
Bruce, a seven-year-old
rescue brindle coat pit mix

RETREAT
North Carolina beach and
mountain homes

STREAMING NOW
Breaking Bad

WORKOUT
Peloton (him)
Walking Bruce to Piedmont
Park and yoga (her)

WEEKDAY BREAKFAST
Yogurt and fresh fruit

DATE NIGHT
Terminal West or Whole
World Improv